

A man in a dark suit is seen from behind, with his arms outstretched in a celebratory gesture. He is standing in front of a large, illuminated backdrop for a 'Glitz and Glam Fashion Show'. The backdrop features the CAMH logo, which includes a stylized blue crown above the letters 'camh'. The scene is filled with soft, out-of-focus lights, creating a festive and glamorous atmosphere.

camh

A YEAR OF

# **IMPACT, INNOVATION & MOMENTUM**

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ANNUAL REPORT 2024-25

*CAMH celebrated the annual Suits Me Fine  
Fashion Show in October 2024.*



To Our CAMH Community,

We are proud to share the 2024–25 CAMH and CAMH Foundation Annual Report. It’s been another extraordinary year—one in which we began to bring the vision behind Connected CAMH to life. Guided by our strategic plan and powered by the dedication of our community, we made meaningful progress across care, research, education and advocacy.

Throughout the year, we worked together to advance care through discovery, get upstream to improve outcomes and lift societal health. While the highlights below only scratch the surface of what we achieved this year, here are just a few of the ways CAMH moved forward:

- We celebrated the naming of the Temerty Discovery Centre and the Waverley House Secure Care & Recovery Building—important milestones in our redevelopment journey and reminders of the impact CAMH has on how the world sees and treats mental illness.
- CAMH was once again named Canada’s top mental health research hospital and surpassed \$100 million in research spending for the first time. Our researchers continue to drive innovation across the lifespan and spectrum of mental health—from youth with first episode psychosis to new mothers experiencing baby blues—and these CAMH-led breakthroughs are already changing care for people here and around the world.
- Nearly 200,000 donors helped CAMH Foundation raise over \$600 million for life-saving mental health research through the historic No One Left Behind campaign. We are inspired by this groundswell of support and the growing mental health movement—and we’re energized to carry that momentum forward.

What connects these moments—and the rest that line the pages of this report—is the people behind them. From clinicians and researchers to patients, partners and supporters, the CAMH community is driving change for people living with mental illness globally.

Thank you for your belief in what we do—and in what we can build together.



**Sarah Downey**  
*President & CEO,  
CAMH*



**Anne-Marie Newton**  
*President & CEO,  
CAMH Foundation*



**Sue Armstrong**  
*Chair, Board of Trustees,  
CAMH*



**Maureen Dodig**  
*Chair, Board of Directors,  
CAMH Foundation*



# IMPACT

## Where Progress Meets People

Our collective impact begins at CAMH and extends far beyond our walls—by transforming our Queen Street campus and breaking down barriers to care, we help people get the support they need, when and where they need it.

### More than buildings

This year, CAMH marked milestones in our redevelopment journey with the naming of two landmark buildings: the Temerty Discovery Centre, supported by a historic \$75-million lead gift from the Temerty Foundation, and the Waverley House Secure Care & Recovery Building, in recognition of a \$203-million gift from Bruce McKean and the Waverley House Foundation.

Set to open in 2027, the Temerty Discovery Centre will be a magnet for the brightest minds in mental health research and the home of tomorrow’s breakthroughs. Waverley House will provide compassionate, modernized forensic care for a patient population long overlooked by the system.

These are more than just buildings. They are symbols of what is possible when people believe and invest in better mental health care for everyone.



**“As both a patient and advocate, I see the Temerty Discovery Centre as a testament to progress and compassion. It’s a beacon of hope for people like me who once felt invisible but now feel seen, valued and supported.”**

*- Shelley Hofer, CAMH patient and mental health advocate*





### Transforming the patient experience

CAMH aspires to change how people experience mental health care at our hospital, in our community and across the country.

### Fighting food insecurity with dignity

Food insecurity is a growing crisis in Toronto—one that disproportionately affects people living with mental illness. This year, with generous donor support, CAMH’s Gifts of Light Food Pantry Project expanded from four to 19 stocked, clinician-managed pantries. Each location is tailored to meet specific needs, from culturally relevant items at Shkaabe Makwa to nutritious snacks for youth in adolescent units.

Designed to be low-barrier and high-trust, the model allows clinical staff to select items based on patients’ preferences and nutritional needs. More than 1,800 patients accessed the program this year, and demand continues to grow.



**“We don’t have a lot at home, so bringing snacks helps me study.”**

*- CAMH youth client*

**6 OUT OF 19**

pantries are located within CAMH outpatient adolescent units



## A new front door for urgent mental health support

The Virtual Urgent Care Clinic has now supported more than 1,000 people—offering same-day, digital mental health appointments for those in distress but not in crisis. Launched by CAMH in August 2023, it is the first hospital-based service of its kind in Canada.

The clinic provides rapid, one-time appointments with nurse practitioners, typically within hours of intake. It has helped divert hundreds of people from emergency departments and created new pathways to care for those without a family doctor or prior connection to CAMH. The clinic shows how digital tools can expand access, improve patient experience and reshape how mental health care is delivered across the system.



“This is so convenient, I don’t have to skip work.”

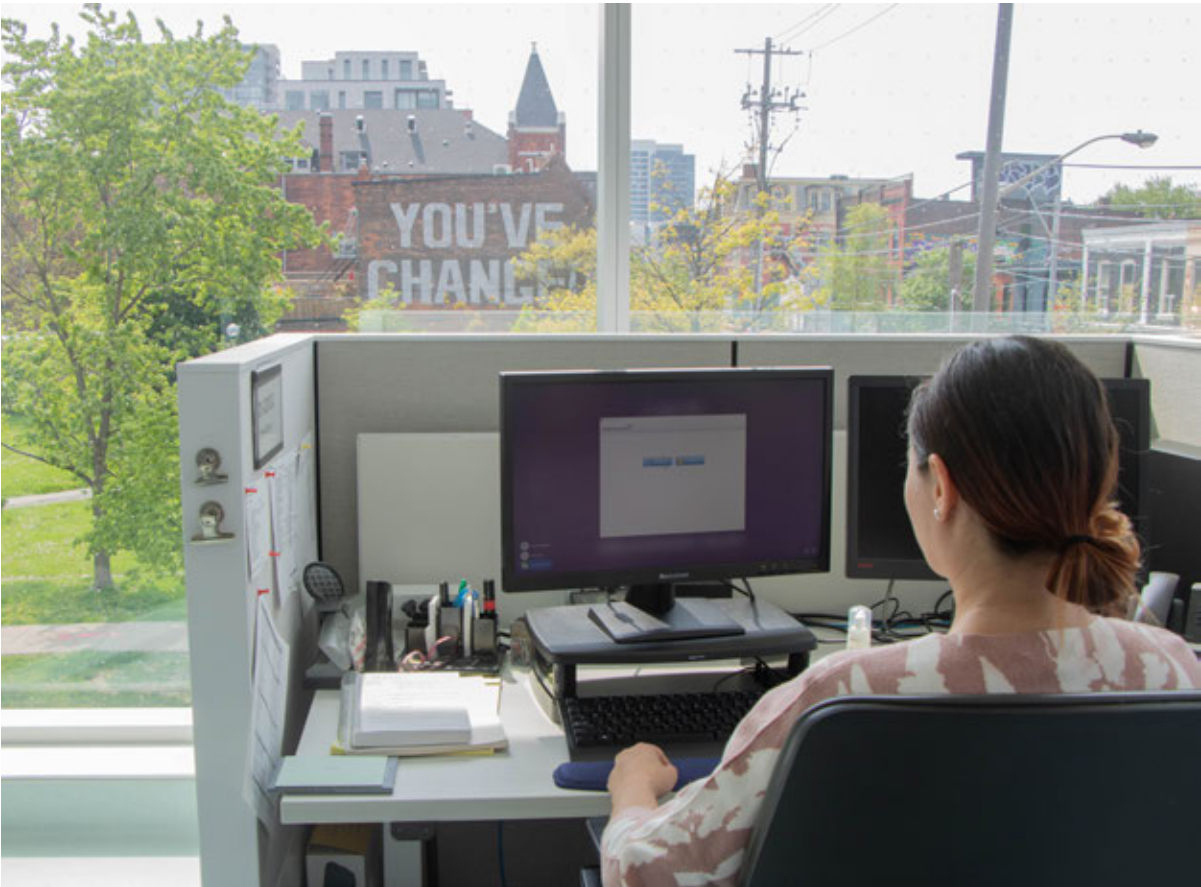
- Virtual Urgent Care Clinic patient

87%

Virtual Urgent Care Clinic patient satisfaction rate

87%

of patients would recommend the Virtual Urgent Care Clinic to family or friends



A technician delivers rTMS at CAMH’s Temerty Centre for Therapeutic Brain Intervention.

## Advancing research that increases access to care

At the Temerty Centre for Therapeutic Brain Intervention, CAMH is changing what’s possible for people living with complex or treatment-resistant mental illness—especially those who have faced stigma, side effects or exclusion in traditional care.

This year, researchers completed a 13-year study showing that repetitive transcranial magnetic stimulation (rTMS) may be a highly effective, less-stigmatized alternative to electroconvulsive therapy (ECT) for seizure-related illness. They also launched a world-leading trial combining ECT with intravenous ketamine to treat suicidal ideation and began testing an intermittent theta-burst stimulation (iTBS) protocol that could reduce a 30-day treatment course to just five days—making care more accessible for people who must travel long distances. Recognizing the need for inclusive practice, the team also released new clinical guidelines to expand rTMS eligibility to patients with concurrent substance use—removing a longstanding barrier to care.



# CAMH By the Numbers 2024-25

A by-the-numbers look at CAMH’s impact and how we drive change in mental health care, research, education and beyond.



38,544

Unique patients

19,090

Ontario Structured Psychotherapy sessions

15,691

Emergency Department visits

5,315

rTMS appointments (non-invasive brain stimulation treatment for hard-to-treat mental illness)

85,197

Virtual Urgent Care Clinic visits



\$130M

in total research expenditures

1,287

Peer-reviewed publications

27

Research Chairs

57%

of all peer-reviewed publications included international collaboration



## EDUCATION\*

\*All Education stats are preliminary figures \*\*Learners and attendees are not unique

50,394

Continuing Professional Development learners\*\*

5,385

Simulation-based learners\*\*

2,016

Student rotations

2,862

Indigenous health care professionals, educators, Elders and Knowledge keepers\*\*

17,331

Patients, family members and community members attended **100+** webinars\*\*

1,457

Attendees participated in **88** Collaborative Learning College courses  
(CLC offers nonclinical education for people with lived experience who are ready to set goals, build skills and connect with others)



## PEOPLE

4,408

CAMH staff

403

Physicians

421

Volunteers

368

Corporate volunteers



## SUPPORTERS

37,607

Monthly donors

1,952

Sunrise Challenge participants

65+

Community fundraiser events



# INNOVATION

## Building What's Next

At CAMH, innovation means asking better questions, listening deeply, and designing solutions that reach more people, more effectively. Through groundbreaking research, care models co-created with patients and families, and strategic partnerships, we're building better mental health care for everyone.

### From discovery to delivery

CAMH research redefines what effective, accessible mental health care can look like—whether through scalable therapy models or promising new treatments for complex conditions.

### Improving maternal mental health care

One in five pregnant and postpartum people experience depression and anxiety. Fewer than one in 10 receive care. The SUMMIT trial, co-led by CAMH Senior Scientist Dr. Daisy Singla, set out to change that.

Published in *Nature Medicine*, the study is one of the largest psychotherapy trials in the world—and the first to show that non-specialists like nurses, doulas and midwives can deliver talk therapy just as effectively as psychologists and psychiatrists. It also found that online sessions are equally as effective as in-person care.

With 1,230 participants across Canada and the US, the results show that scalable, inclusive care models are not just possible, but urgently needed. Health systems now have a clear path to expand access, especially in communities where specialist services are scarce or stigmatized.

“Talk therapy is effective but largely inaccessible. Leveraging simple, pragmatic solutions like task-sharing and telemedicine has the potential to transform health care—and lives”

- Dr. Daisy Singla, Senior Scientist, CAMH



“By restoring neural function and reversing memory deficits, this drug represents a potential early intervention for Alzheimer’s, addressing the root cause of memory loss—something no current drugs can achieve.”

- Dr. Etienne Sibille, Scientific Director, Neurobiology of Depression and Aging Program, CAMH (pictured centre)

### A potential breakthrough in early Alzheimer’s treatment

In a preclinical study published this year, CAMH researchers showed that an experimental drug—GL-II-73—can restore memory and reverse brain cell damage in mouse models of Alzheimer’s disease.

Unlike current treatments that only slow symptoms, GL-II-73 targets a root cause of cognitive decline: disrupted brain signaling in the hippocampus. It strengthens neural connections and improves memory—sometimes after a single dose.

The study, led by Drs. Etienne Sibille and Thomas Prevot, is the result of over a decade of work through CAMH’s Neurobiology of Depression and Aging Program. Now advancing through CAMH-founded biotech start-up Damona Pharmaceuticals, GL-II-73 has received FDA clearance for human trials, with participants expected to be enrolled in 2025.



## Leading in digital mental health care

CAMH leads the future of digital mental health through global collaboration and a commitment to equity. We harness the power of data and technology to reimagine how care is delivered.

## A hub for digital innovation

In 2024, CAMH launched the Digital Innovation Hub to accelerate the design, testing and implementation of digital tools in clinical and community settings. Led by Interim Scientific Director, Dr. Gillian Strudwick, who is also CAMH’s Chief Clinical Informatics Officer, the Hub brings together researchers, clinicians, educators and technology experts to scale practical, data-driven solutions across the system.

## Digital equity in northern and remote communities

Psychiatrist and CAMH Medical Director of Virtual Care Dr. Allison Crawford, was appointed the UArctic Chair in Public Mental Health and Community-Centred Digital Innovation in 2024. In this role, she is deepening her long-standing engagement with Arctic communities—leading conversations to identify mental health priorities to co-develop culturally meaningful digital health solutions, with Indigenous knowledge and leadership at the centre.



## Expanding AI’s role in mental health

Dr. Tristan Glatard, Director of the Krembil Centre for Neuroinformatics, was named the inaugural BMO Financial Group Chair in Artificial Intelligence and Mental Health in early 2025. This role, jointly held with the University of Toronto and made possible by support from BMO and the Krembil Foundation, is accelerating how CAMH applies AI to improve mental health care. Dr. Glatard’s work focuses on developing predictive tools and decision-support systems that turn complex data—like brain scans, clinical notes and wearable sensor outputs—into actionable insights. With a focus on transparency, equity and clinical utility, his leadership is helping CAMH build a learning health system where research and care continuously inform one another.







# Innovation through partnership

CAMH partners with hospitals, communities, people with lived experience and families to build a more connected system where mental health is health.

## One year of 9-8-8

CAMH led the launch of 9-8-8 in 2023 in partnership with the Government of Canada, helping build a faster, more accessible path to support for people across the country.

The life-saving service offers trauma-informed, culturally affirming support—in English and French—24 hours a day, seven days a week. It’s there for anyone thinking about suicide or worried about someone they know.

Since then, responders have answered more than 300,000 calls and texts, offering immediate help, finding ways to ensure safety and creating space for connection when it’s needed most. National, provincial, territorial and local partners—alongside CAMH—are the backbone of 9-8-8. Together, they are building a coordinated system that puts people first and saves lives.

300,000+

calls and texts answered from November 2023 to November 2024

9-8-8

Suicide Crisis Helpline

## Care close to home

In 2025, CAMH and Lakeridge Health launched a first-of-its-kind partnership to transform mental health care in Durham Region through a replicable model of academic and clinical excellence. The goal: to deliver accessible, high-quality care close to home by better integrating hospital and community services.

Lakeridge Health sees more than 126,000 visits related to mental health and substance use each year. This collaboration will strengthen mental health supports, create clear pathways to care and support people on their path to long-term recovery.

“Partnerships like this are a key driver of our Connected CAMH strategic plan. We are bringing our clinical, research and education expertise together with Lakeridge Health’s breadth of clinical expertise and deep community roots, to improve access to integrated care in Durham and beyond”

- Sarah Downey, President & CEO, CAMH



“Together, CAMH and our partners will live up to the promise of the name Thriving Minds and shape a future that reflects the best of what we have to offer.”

- Dr. Louise Gallagher, Chief, Child and Youth Mental Health Collaborative, CAMH & SickKids (pictured left)

## Thriving Minds: A new vision for child and youth mental health

Through a partnership with SickKids and the Garry Hurvitz Centre for Community Mental Health, CAMH is helping reimagine how young people access care. The collaboration—now named Thriving Minds—will create a coordinated access model supported by triage, navigation and culturally safe services. The new name and logo, co-developed with CAMH’s Peer Expert Advisory Body, reflect what matters most: hope, growth and a welcoming space. This is system-building in action—reducing fragmentation, addressing waitlists and ensuring no one is left behind while waiting for help.

## Stronger together: CAMH x UHN

CAMH and the University Health Network (UHN) are two of Canada’s leading research hospitals. Now, through a formal partnership, we will combine our strengths to improve how patients experience care—mentally and physically.

We’re working to reduce patient transfers, streamline imaging and lab services and improve coordination of addictions care. CAMH teams will have better access to physical health services, while UHN teams will benefit from expanded mental health and addictions expertise. The impact has been immediate: 2,000 UHN staff completed CAMH’s award-winning Trauma-Informed De-Escalation Education for Safety and Self-Protection (TIDES) training this year, contributing to a 14 per cent drop in the use of physical restraints during psychiatric emergencies.

The partnership also extends to research. A Master Collaboration Agreement now supports joint clinical trials, shared core facilities and faster study approvals—streamlining our efforts and accelerating discovery.



# MOMENTUM

## The Growing Movement for Better Mental Health

At CAMH, momentum comes from people, communities and partners driving change together. This year, it showed up in calls for equity, shifts in policy and practice, and supporters turning belief into action.

### Rooted in equity

CAMH is doing our part to create a just society. Culturally responsive care, community leadership and continuous improvement are central to how we deliver better care—for everyone.

### Raising the bar on quality and safety

Quality, safety and patient experience are inseparable—and improving them means transforming how care is designed and delivered. That’s the focus of CAMH’s new Quality Improvement (QI) Academy, launched under the leadership of Dr. Tara Burra, CAMH’s first Medical Director of Quality, Experience and Safety.

The QI Academy is a hub for staff training, system learning and front-line innovation. Its flagship Q-ImPaCT Fellowship helps clinicians gain certification in quality and safety through the University of Toronto—equipping more staff to lead change across the hospital. With a strong emphasis on patient partnership, CAMH is building capacity to design systems that work better—for patients, families and care teams alike.



**“At the heart of our work is the patient and family experience. Our goal is to strengthen the relationship between safety, experience and quality to deliver the best possible care effectively and efficiently.”**

*- Dr. Tara Burra, Director, Quality, Experience and Safety, CAMH*



*A speaker inspires and energizes the crowd at the AMANI launch event in March 2025.*

**“Previously, families would travel up to two hours for a 60-minute appointment. Now we are able to deliver more services to underserved youth in a way that reduces barriers and saves lives.”**

*- Donna Alexander, Social Worker, AMANI*

## AMANI: A new chapter in Black youth mental health

This year, CAMH and the Black Health Alliance launched AMANI: Mental Health & Substance Use Services for Black Youth—a reimagining of the long-standing SAPACCY program into a province-wide network rooted in Africentric, anti-racist and trauma-informed care. Named for the Swahili and Arabic words for “peace” and “wishes,” AMANI supports youth aged 12–29 through therapy, navigation and family support across eight community and hospital sites.

With \$11 million in federal and provincial funding, the program now includes consultation teams to improve transitions between hospital and community care, and training in racial trauma-informed practices for providers. AMANI is Canada’s first hospital-community partnership of its kind—and a national example of what culturally affirming care can be.



## Creating space for belonging and awareness



**Love Your Brain**, moderated by Melissa Grelo (far left), brought together scientists, including CAMH’s Dr. Liisa Galea (far right), clinicians and community members to explore how hormonal transitions affect women’s brain health, from puberty to menopause.



**Above the Noise**, featuring NBA All-Star DeMar DeRozan and former Minister for Women and Gender Equality and Youth Marci Ien, created space for youth and families to speak honestly about depression, stigma and resilience.



**All the Little Monsters**, a book launch with author David A. Robertson and Shkaabe Makwa, opened a dialogue about anxiety, culture and healing—complete with a community mural where attendees could respond to their own “little monsters.”

## Strengthening the system

A better mental health system starts with the right foundation. CAMH improves how care is designed, supported and sustained through evidence, innovation and strong partnerships across sectors.

### Driving change with the next generation

Across Canada, young people continue to face fragmented systems, long wait times and barriers to care. CAMH is helping lead a shift—building models that are integrated, co-designed with youth and backed by data.

**Integrated Youth Services:** In 2024, the federal government committed \$15 million to establish the Integrated Youth Services (IYS) Collaboration Centre, led by CAMH. The national centre is supporting provinces and territories to develop one-stop youth mental health hubs that integrate care for mental health, substance use, housing, education, employment and primary care. The goal is simple: earlier support for young people, closer to home, on their own terms.

**Ontario Student Drug Use and Health Survey:** CAMH continues to lead the way in youth mental health research through the Ontario Student Drug Use and Health Survey (OSDUHS)—the longest-running study of its kind in Canada. The 2023 results revealed rising levels of psychological distress among Ontario students, including increased rates of anxiety, self-harm and suicidal thoughts. This work is about more than data. CAMH’s leadership of OSDUHS ensures that governments, researchers and service providers have crucial evidence to understand emerging trends, respond to growing needs and invest where it matters most. From funding models to clinical research, these insights shape the future of youth mental health care in Ontario and beyond.

**NAVIGATE:** CAMH’s gold-standard model for care coordination and supporting patients and families in early psychosis care continues to expand. In 2024, the province committed \$19 million to bring NAVIGATE to more than 50 sites across Ontario. CAMH is now partnering with Canadian Mental Health Association (CMHA) Toronto to tailor the model for urban communities, including those that have been historically underserved.

### Training the system to respond better

Effective care depends on confident, well-prepared providers. CAMH’s Education team is building that confidence through immersive training and collaboration.

The CAMH Simulation Centre developed a virtual reality simulation to teach the public how to recognize opioid overdose and administer naloxone. A new partnership with the University of Toronto is extending the tool’s reach, bringing more health care settings and community organizations across Ontario.

Another VR training module helps clinicians build skills in suicide risk assessment through interactive patient scenarios and structured debriefs—bridging the gap between learning and practice.



# Celebrating our community

This year, the CAMH community came together in many ways—rising with the sun, walking the runway or lighting up the holiday season to name a few. We are proud to move forward together to a future where no one is left behind.



CAMH *womenmind*™ International Women's Day event, March 2025



CAMH Pet Therapy Program, year-round



Suits Me Fashion Show, October 2024



Diwali celebrations, November 2024



Black History Month celebrations, February 2025



CAMH Pow Wow, September 2024



CAMH Business Leaders for Mental Health Symposium, October 2024



CAMH Sunrise Challenge, June 2025 (photo courtesy of Brenda Jasmin)



Gifts of Light Holiday Tree Lighting, November 2024



CAMH Culinary Program Graduation, December 2024



# CAMH LEADERSHIP

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Susan Armstrong

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Sunny Sodhi  
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(until October 2024)

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Dr. Maryana Kravtsenyuk, *President, Medical Staff Association (from December 2024)*  
Dr. Paul Kurdyak, *Chair, Medical Advisory Committee (from October 2024)*  
Dr. Benoit Mulsant, *University of Toronto Representative on the Board, Chair, Department of Psychiatry*  
Dr. Tarek Rajji, *Chair, Medical Advisory Committee (until September 2024)*  
Dionne Sinclair, *Vice President, Clinical Care & Chief Nurse Executive*

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Michael H. McCain, *Vice-Chair*  
Valerie Pringle, *Past Chair*  
Deborah Gillis, *Corporate Secretary (until May 2025)*  
Anne-Marie Newton, *Corporate Secretary (from May 2025)*

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Susan Armstrong  
Sarah Downey  
Dr. Sanjeev Sockalingam  
Dr. Aristotle Voineskos

## CAMH Executive Leadership Team

Sarah Downey, *President & CEO*  
Noelle Coombe, *Vice President, Digital Health and Chief Information Officer*  
David Cunic, *Vice President, Redevelopment*

Mary Jane Dykeman, *Interim Vice President, Legal Services & Chief Legal and Risk Officer (until January 2025)*

Lee Fairclough, *Senior Vice President, Clinical Care (until December 2024)*

Deborah Gillis, *Corporate Secretary (until May 2025)*

Anne-Marie Newton, *Corporate Secretary (from May 2025)*

Wolf Klassen, *Interim Senior Vice President, Clinical Care (from December 2024)*

Bessy Leung, *Vice President, Support Services & Chief Financial Officer*

Myfanwy Marshall, *Vice President, People and Experience*

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## CAMH Foundation Executive Leadership Team

Deborah Gillis, *President & CEO (until May 2025)*

Anne-Marie Newton, *Chief Philanthropy Officer (until May 2025), President & CEO (from May 2025)*

Alain Mootoo, *Chief Operations Officer*

Denise Lo, *Chief Partnerships Officer*

Gina Daya, *Chief Financial Officer*

Sarah Chamberlin, *Chief Marketing Officer & VP, Community Giving & Engagement*

# FINANCIAL SNAPSHOT

## CAMH Hospital Financial Snapshot

Statement of operations for the year ended March 31  
(expressed in thousands of dollars)

REVENUE	2025	2024
MINISTRY OF HEALTH AND FEDERAL GOVERNMENT	558,755	486,290
COVID-19 FUNDING	-	1,836
RESEARCH AND OTHER GRANTS	85,135	81,601
ANCILLARY AND OTHER	49,987	36,503
PATIENT REVENUE	3,092	2,587
AMORTIZATION OF DEFERRED CAPITAL CONTRIBUTIONS	31,617	30,552
INVESTMENT INCOME	12,063	9,617
<b>TOTAL REVENUE</b>	<b>740,649</b>	<b>648,986</b>

EXPENSES	2025	2024
COMPENSATION	443,030	420,427
SUPPLIES AND OTHER	201,056	161,102
AMORTIZATION OF CAPITAL ASSETS	38,851	40,625
DRUGS AND MEDICAL SUPPLIES	10,789	10,637
RENT	3,307	3,020
INTEREST	12,754	13,039
<b>TOTAL EXPENSES</b>	<b>709,787</b>	<b>648,850</b>
<b>EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR</b>	<b>30,862</b>	<b>136</b>

## CAMH Foundation Financial Snapshot

Statement of revenue and expenses for the year ended March 31

REVENUE	2025	2024
DONATIONS	81,558,506	91,773,645
SPECIAL EVENTS	2,168,530	2,852,803
INVESTMENT INCOME	32,196,241	24,567,125
<b>TOTAL REVENUE</b>	<b>115,923,277</b>	<b>119,193,573</b>
EXPENSES	2025	2024
FUNDRAISING AND ADMINISTRATION	22,317,847	21,075,079
SPECIAL EVENTS	1,016,736	1,144,244
<b>TOTAL EXPENSES</b>	<b>23,334,583</b>	<b>22,219,323</b>
<b>EXCESS OF REVENUE OVER EXPENSES BEFORE GRANTS FOR THE YEAR</b>	<b>92,588,694</b>	<b>96,974,250</b>
GRANT EXPENSES	91,934,982	69,261,395
<b>EXCESS OF REVENUE OVER EXPENSES FOR THE YEAR</b>	<b>653,712</b>	<b>27,712,855</b>

2024/25  
Grants By Type

**\$118,058**

Education

**\$3,243,313**

Programs

**\$27,023,611**

Research

**\$61,550,000**

Capital & Redevelopment

**\$91,934,982**

Total Grants



# DONORS

## Thank you to our donors

The mental health movement has never been more important. Thank you to the many people who have shared their time, effort, passion and commitment with CAMH.

Because of supporters like you, we are creating a world where Mental Health is Health — a world where no one is left behind. Your support helps to ensure that everyone, no matter who they are or where they come from, has access to the care they need.

CAMH is also deeply grateful to have received many anonymous gifts from the United Way, and gifts provided through Friends of CAMH. To all these generous donors: thank you for standing with us and for those we serve. Together, we are building a future of better mental health care for everyone.

### Visionary Donors April 1, 1998 – March 31, 2025

Visionary Society members have committed to \$1 million or more to lead change for mental health. Using the power of their philanthropy and leadership, they are redefining the limits of what is possible in research and care to help people recover more quickly and more fully.

#### \$100,000,000+ Waverley House Foundation

#### \$50,000,000+ Orlando Corporation Temerty Foundation

#### \$25,000,000+ The Campbell Family Krembil Foundation

#### \$10,000,000+ The Azrieli Foundation Balsam Foundation Bell BMO Linda C. Campbell The Peter Cundill Foundation FDC Foundation Garron Family

The Michael and Sonja Koerner Charitable Foundation  
Michael H. McCain and Family  
Margaret & Wallace McCain  
The Slight Family Foundation  
TD Bank Group

#### \$5,000,000+ Jamie & Patsy Anderson The Arrell Family Foundation CAMH Doctors’ Association G. Raymond Chang Shelagh & Peter Godsoe Sonia & Arthur Labatt Sarah & Tom Milroy Tim & Frances Price RBC and the RBC Foundation Donna & Gary Slight Estate of Ken Thomson & Estate of Audrey Campbell Sandi & Jim Treliving The WB Family Foundation

#### \$2,500,000+ Cisco George & Tami Cope Peter Gilgan Foundation Hudson’s Bay Foundation Shanitha Kachan & Gerald Sheff The Warren and Debbie Kimel Family Foundation

Koerner Foundation  
Frank & Azniv Lochan  
Meighen Family Foundation  
Kelly & Michael Meighen  
The Moffat Family  
David & Gail O’Brien  
Larry and Judy Tanenbaum Family Foundation  
David & Shelagh Wilson  
The Younger Family

#### \$1,000,000+ Anonymous (3) Mohammad and Najla Al Zaibak, Bay Tree Foundation Marilyn & Charles Baillie The Ralph M. Barford Foundation Bell-Graham Boeckh Foundation Partnership Tim & Lesley Burrows CAMH Engage Canadian Health Services Research Foundation Susan Caskey & John Francis CIBC Compass Construction Resources Ltd. James & Mary Connacher The Copland Family Susan Crocker & John Hunkin Deciem

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Ruth & Douglas Grant  
Howitt-Dunbar Foundation  
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Teal and Co Inc.  
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Alan Nemovitz  
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Lipsett</a>  <a href="#">Frank &amp; Azniv Lochan</a>  <a href="#">Catherine Louise Luelo</a>  <a href="#">Malcolm MacPherson</a>  <a href="#">Karen Manion</a>  <a href="#">In Honour of Graham Douglas Martin</a>  <a href="#">Kelly Meighen</a>  <a href="#">In Honour of Kristopher Miller</a>  <a href="#">In Honour of Elijah Morefield</a>  <a href="#">Sharon Orr</a>  <a href="#">David Perkin</a>  <a href="#">Nicole Suen Phillips</a>  <a href="#">Cathy Plowman-Watts &amp; James D. Watts</a>  <a href="#">Heather Sebastian (nee Maeers)</a>  <a href="#">D. A. Shepherd</a>  <a href="#">Bernard Smith</a>  <a href="#">Carol Smith in memory of Mike Edwards</a>  <a href="#">Anne Tait</a>  <a href="#">David Thom</a>  <a href="#">Valerie Thomas, In Memory of Matt and Kim</a>  <a href="#">Sally Warburton</a>  <a href="#">Marie Elaine Wickett</a> </p>	<p> <a href="#">Gerald and Naomi Goldenberg</a>  <a href="#">Brian H. Greenspan &amp; Marla Berger</a>  <a href="#">Lisanne Hill &amp; Robert Dowler</a>  <a href="#">Judith Tompkins</a>  <a href="#">Bill Wright &amp; Julia Gorman</a> </p>	<p> <a href="#">Matte Equation Gala</a>  <a href="#">Mechanical Bull Night by TMU Mechanical</a>  <a href="#">Mia’s Birthday Fundraiser</a>  <a href="#">More Than Words</a>  <a href="#">Motherless Day</a>  <a href="#">Nash’s Birthday Bash</a>  <a href="#">Once Upon a Time... Story Slam Series</a>  <a href="#">Ontario Energy Network</a>  <a href="#">Oxford Properties - GF&amp;T Connects</a>  <a href="#">People, Places and Things with Coal Mine Theatre</a>  <a href="#">PLUS1</a>  <a href="#">Positive Goodness Day</a>  <a href="#">Power Yoga Canada</a>  <a href="#">Putting for Peter Golf Tournament</a>  <a href="#">Retro Beach Music &amp; Meditation</a>  <a href="#">Rock The Halls: Music for Mental Health Canada</a>  <a href="#">Run for Rehab</a>  <a href="#">Run Run Run Tely 10 Fundraiser</a>  <a href="#">RyGuy Mental HELLth Comedy Show</a>  <a href="#">SAOR</a>  <a href="#">Scentsy</a>  <a href="#">Screams for Support</a>  <a href="#">Step It Up Canada 2024</a>  <a href="#">TCS Toronto Waterfront Marathon</a>  <a href="#">Truth &amp; Illusion Story Slam Series</a>  <a href="#">ULTRA350</a>  <a href="#">Union to Union Ride for You (U2U4U)</a>  <a href="#">Wake Up for Wellness</a>  <a href="#">West Coast Swing</a> </p>

### Workplace and Community Giving

CAMH is fortunate to have strong community and workplace partnerships that rally behind CAMH. These groups raise funds on behalf of CAMH while raising awareness of mental health and helping to reduce stigma. A special thank you to all hosts and organizers in 2024-25.

- 23rd Birthday Fundraiser
- 4x4x48 Challenge
- AK Fitness Mental Health Fundraiser
- Andy Kim Christmas Show
- Andrews Co
- Annual Holiday Skate
- Arbor Memorial
- Beading Boost
- Belvedere Halloween
- Bonpoint
- Brave Blooms Bouquets
- CAMH Archives Auction
- Cleo
- Couture for a Cause: Hairdresser's for Love & Peace Foundation
- D'Care Foundation Gala
- DIALOG
- Electric Mind
- ExperiencePoint | One Brave Night
- Fabio's Bright Smiles Foundation
- Funding Innovations
- Hard Rock Games x iHalo Krunch
- He's Ain't Heavy He's My Brother
- Hiking for Healing: East Coast Trail (ECT) Thru-Hike
- Hot Yoga & Pilates Oakville
- Joseph Martinez’ Charity Golf Tournament
- Kloss2Cross
- Lavelle Presents Electric Circus
- Leanne Toshiko Simpson
- Lennard Charity Boat Race
- Lil Complements
- Make it Loud 2024
- Market Disruption No One Left Behind Tour

### Legacy Donors

We are honoured to recognize the following individuals who have committed to continued support of CAMH through their estate. Their legacy will help change the future of mental health care. We are grateful for their generosity.

- Anonymous (65)
- Babak Abadi
- Mohammad and Najla Al Zaibak
- Ken R. Alexander
- M. Andaloro
- Maureen and Jonathan Bayer
- In Honour of Brandon Bell
- Parish Bhumgara
- Laura Bisset
- Gayle & Doug Blenkhorn
- Debbie Brown



Champion

Pauline Chuang  
The Erika Legacy Foundation  
Jonathon D. Fischer Foundation  
The Atkinson Martin Family Foundation  
McMillan Family Foundation  
Meghann O'Hara Fraser  
Room Women's Network  
Shoppers Foundation for Women's Health  
Sun Life Financial

Leader

Anonymous (4)  
Clare Aker  
Susan M. Armstrong  
Aune Foundation  
Avison Young Commercial Real Estate  
Susan Baxter  
Jenny Bird  
Donna Bishop  
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Susan Bullen  
Helen Burstyn, CM  
Pauline Caballero with Power Yoga Canada  
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Claire Jones  
Vivian & Michael Koen  
Lucinda & Ronald Kogan  
Tanya Kololian  
Jennifer & Steven Latimer  
Catherine Louise Luelo  
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The Quinn Family Future Foundation  
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Ellen Roseman, with the Constance and David Roseman Fund at the Toronto Foundation  
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Ann & Rick Watkin  
Sandy Weir

Michaela Wiederick  
Women and Girls of the Hart/ Mowat Family  
Cate Woodward  
Lara Zink

Sunrise Challenge

We are deeply grateful to the thousands of individuals, companies and communities who rallied around CAMH's Sunrise Challenge in 2025. This year marked a special milestone: the fifth anniversary of Canadians rising together and raising funds in support of mental health. The Sunrise Challenge inspires participants to greet the day while raising vital funds for groundbreaking mental health research, including suicide prevention initiatives.

We are proud to recognize the sponsors and the top 10 community and corporate teams from the 2024 Sunrise Challenge. To all those who supported the 2025 Sunrise Challenge, thank you. We look forward to celebrating your generosity in next year's report.

Gold Sponsor

CIBC  
Peace Collective Inc.

Rising Sponsor

Microsoft Canada Co.  
RFA Bank of Canada  
Starbucks Coffee Company

Top 10 Community Teams

Crystal Sunrise  
Girls Run the 6ix  
Mayhew Morning Mavens  
North Movement Rising  
NRG to Rise for Brett  
Rachie's World  
Radiant Rise 'n Shine Team  
Sisters Spreading Sunshine  
Sunny-D  
Team Orchid

Top 10 Corporate Teams

Annex Morning Glories  
CJ Rising  
Crown Property Management

CSUnrise Challenge  
Fun-Raisers  
Here Comes the Sun  
Power of Sunrise with POP  
RFA  
SunRaisers  
Team CIBC

Volunteers

We are proud to recognize our dedicated volunteers whose expertise and commitment are vital to achieving our goals for CAMH.

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# Vision

**Health redefined.**

# Mission

We are dedicated to patient, family and community well-being. We improve access to integrated care, answer the most difficult questions about mental illness and remove barriers to belonging. Together, we choose hope.

# Values

**Courage, Respect, Excellence.**

# camh

**Centre for Addiction and Mental Health**

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