

ESL for mental health and wellness

Join us for a **FREE, 8-week**
English as a Second
Language (ESL) program!

This program aims to help refugees and newcomers who want to improve their English in a safe, supportive, and welcoming environment. No advanced English skills are required.



Scan this QR code to
register and learn
more!



When: Tuesdays,
Oct 20th – Dec 8th
1:00 – 3:00 PM

Where:
RBC Patient and Family
Learning Space at CAMH,
1025 Queen St. W, Toronto,
ON. Ground Floor.

Questions?
Email us at PFLS@camh.ca