

# SHELTERS

Where to go when you're looking for a bed in Peel Region

Updated: May 2024

If you're looking for longer term housing, see the "Housing" resource sheet.

## Looking for a Shelter

For all shelters, you can also call 311 to reach intake services.

### Street Helpline Peel

Toll-free tel.: 1 877 848-8481

**Services:** Directs people to shelters in Brampton and Mississauga: men's shelter in Brampton, co-ed shelter and family shelter in Mississauga, youth shelter in Brampton (up to age 24), youth shelter in Mississauga (up to age 21), shelters for women victims of domestic violence

**Eligibility:** Varies by shelter, based on age, gender and need

**Note:** No pets

## Co-ed Shelters

### Salvation Army – Cawthra Road Shelter

2500 Cawthra Rd., Mississauga

[211central.ca/record/73467838](http://211central.ca/record/73467838)

Tel.: 905 450-1996

**Services:** Case management, housing and employment support, internet access, emergency clothing, laundry, AA meetings

**Eligibility:** Single women and men age 25+ without children

**Note:** Transgender, non-binary and gender-diverse people will be placed on men's or women's floor based on presenting gender

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If any of this information is incorrect or outdated, or if there are additional organizations or programs that would be helpful to include, please email the information to us at [access.resources@camh.ca](mailto:access.resources@camh.ca).

*This resource list is for information purposes only and does not constitute an endorsement by CAMH or guarantee any particular outcome.*

## Youth Shelters

### Our Place Peel

3579 Dixie Rd., Mississauga  
3458 Queen St. East, Brampton  
[www.ourplacepeel.org](http://www.ourplacepeel.org)  
Tel.: 905 238-1383 (Mississauga)  
Tel.: 905 791-2334 (Brampton)  
[info@ourplacepeel.org](mailto:info@ourplacepeel.org)

**Services:** Emergency shelter, case management, housing search assistance, financial help, life skills and employment training, referrals to community services

**Eligibility:** Age 16–21; LGBTQ+ friendly

## Men's Shelters

### Salvation Army – Wilkinson Road Shelter

15 Wilkinson Rd., Brampton  
[www.centralwesthealthline.ca/displayservice.aspx?id=60135](http://www.centralwesthealthline.ca/displayservice.aspx?id=60135)  
Tel.: 905 452-1335  
[peelaccesstohousing@peelregion.ca](mailto:peelaccesstohousing@peelregion.ca)

**Eligibility:** Men age 25+

**Services:** Shelter, food, clothing and laundry; employment and housing support; health clinics, mental health and addiction support; life skills training, AA meetings, pastoral care

**Note:** Transgender, non-binary and gender-diverse individuals will be placed on women's or men's floor according to their presenting gender

## Women's Shelters

### Ellen House Emergency Shelter

44 Peel Centre Dr., Brampton  
[www.efryhopehelp.com/how-can-we-help-you/adult-programs-resources/ellen-house-emergency-shelter-program](http://www.efryhopehelp.com/how-can-we-help-you/adult-programs-resources/ellen-house-emergency-shelter-program)  
Tel.: 437 688-2634  
[efryhope@efryhope.com](mailto:efryhope@efryhope.com)

**Eligibility:** Single women age 25+

### Embrave Shelter

Mississauga and Brampton (location provided after intake)  
[embrave.ca/programs-services/central-intake-line](http://embrave.ca/programs-services/central-intake-line)  
Tel.: 905 403 0864

**Services:** Emergency shelter, safety planning, crisis counselling, referrals to other support and services

**Eligibility:** Women, two-spirit, genderqueer, trans and non-binary people aged 16+ and their dependents

**Note:** If cis-male dependent is over age 18, consultation with program manager is required prior to intake

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## Salvation Army – Honeychurch Family Life Resource Centre

535 Main St. North, Brampton  
[www.wcpreciousshelter.ca/intake](http://www.wcpreciousshelter.ca/intake)  
Tel.: 905 451-4115  
[help@flrc.ca](mailto:help@flrc.ca)

**Services:** Emergency shelter; crisis, individual and group counselling; assistance with legal services; housing support; food and clothing; parenting groups; computer training; activities and homework club for children; safety planning

**Eligibility:** Women age 16+ and their children who are leaving domestic violence

## Women and Children Precious Shelter

Brampton (location provided after intake)  
[www.wcpreciousshelter.ca/intake](http://www.wcpreciousshelter.ca/intake)  
Tel.: 437 855-3301  
[wncpreciousshelter@gmail.com](mailto:wncpreciousshelter@gmail.com)

**Services:** Emergency shelter; transportation to shelter; food, clothing and basic necessities; counselling; child and youth support; connections to community and legal resources; assistance in securing housing; wellness programs

**Eligibility:** Women and their children

## Family Shelters

### Peel Family Shelter

2935 Argentia Rd., Mississauga (temporary location)  
<https://shipshey.ca/housing/peel-family-shelter-pfs>  
Tel.: 437 882-1908  
[info@shipshey.ca](mailto:info@shipshey.ca)

**Eligibility:** Families, including those without documentation