

# Implementing Health Checks for Adults with DD: 4 Steps to Implementation



1

Build Awareness in your site.

2

Recognize your patients with DD.

3

Proactive invitation.

4

Complete the Health Check.

1

- Adults with DD are a small percentage of patients. Their lower prevalence and high comorbidities increases their vulnerability. It is helpful to educate colleagues and bring awareness to their needs.

2

- Some patients with DD may be easily recognized or well-known to you. Others may be less visible. It is crucial that patients with DD are recognized by the team, and identified accordingly in the EMR.

3

- Now that patients have been identified, it is imperative that they are invited into the clinic for a health check. This adheres to the recommended Guideline of a proactive, preventive health exam.

4

- There are a number of valuable clinical tools and resources for staff and patients, to assist you in delivering the health check. It is important that these are embedded at the point of care – whether installed into the EMR, or printed out in the exam room.



**Sustainability Check:** Within each section, considerations and suggestions for sustainability are shared.